



SPIRITUAL COMFORT

J.J. Turner, Ph.D. ©

The words of Job come as a clarion voice with relevancy for today and for tomorrow: *“Man, who is born of woman, is short-lived and full of turmoil. Like a flower he comes forth and withers. He also flees like a shadow and does not remain”* (Job 14:1,2). Troublesome times are here and will stay.

Jesus stepped into a troubled world with a message of comfort: *“Come unto Me, all who are weary and heavy-laden, and I will give you rest”* (Matthew 11:28). Isaiah knew that God was the true source of comfort: *“Comfort, O comfort My People,” says your God* (Isaiah 40:1).

Peter, the apostle with the yoyo emotions and rash statements, after 30-plus years of struggling spiritual growth, wrote: *“Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, casting all your anxiety on Him, because He cares for you”* (1 Peter 5:6, 7).

The outer man can only handle trials and struggles out of power generated by the strength of the inner man. Paul wrote: *“Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day”* (2 Corinthians 4:16).

Spiritual comfort, which is the source of all true and lasting comfort, comes from several sources:

1. Comfort comes from fellow-believers (Gal. 6:1,2).
2. Comfort comes from God’s word (Read Psalm 119).
3. Comfort comes from God our Father (2 Cor. 1:3).
4. Comfort comes from the assembly (Heb. 10:24).
5. Comfort comes from the Holy Spirit (Jno. 14:16, 26).
6. Comfort comes from the assurance of salvation (I Jno. 5:13).
7. Comfort comes from a proper thinking agenda (Phil. 2:5-9).
8. Comfort comes from Christ (Matt. 11:28).



JEREMIAH INSTITUTE

J. J. TURNER

jeremiahinst@aol.com

www.jeremiahinstitute.com

2

These are eight sources of spiritual comfort, which in turn provide strength and physical comfort for body, soul and spirit (1 Thess. 5:23).

Lasting comfort doesn't come from (1) drugs, (2) alcohol, (3) pleasure, (4) immorality, (5) escapism, and such like. It comes from God! Where are you getting your comfort?