



MORE TOP TEN CAUSES OF MINISTRY BURNOUT

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This is the third list of top ten causes of ministry burnout:

- __10. Failure to organize daily routines

- __9. A lack of delegation—refusal to ask for help.

- __8. Unresolved anger and hostility issues.

- __7. Performing tasks you don't like or believe in.

- __6. Pushing agendas out of ego; not out of need, etc.

- __5. Playing the victim or martyr role: "poor me."

- __4. Unresolved pressures from family; and conflicts.

- __3. The fear of not being liked or approved by members.

- __2. The belief you must be right all the time—know-it-all.

- __1. Believing God expects you to be worn-out in His service.



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Go back and list these ten in the order you would place them in.

The **Jeremiah Institute** is dedicated to preparing materials such as books, articles and seminars to help ministers and church leaders prevent and overcome burnout. Visit us often and check out our BOOK section.