



25 QUESTIONS FOR PERSONAL GROWTH

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When the typical kid from a Christian home returns home from school, he may be asked, “What did you learn in school today?” When a kid from a Jewish home returns home from school, he may be asked, “Did you ask any good questions today?”

Education revolves around asking and answering important questions. Questions engage the mind and lead you on a personal journey to find answers. By asking questions:

- You focus your attention on a specific subject.
- You open doors of interest and inquiry.
- You uncover a need and additional challenges.
- You begin an exciting journey for answers.
- You stretch your mind and horizons.
- You find answers that may change or rebuke you.
- You stay in control when asking questions.
- You build rapport and make friends with questions.
- You practice self-discovery by asking questions.
- You are following the example of Jesus. In the Sermon on the Mount (Matthew 5—7), He used over 14 questions.

The emphasis in this lesson is not about asking other persons questions; it is about asking yourself personal questions. The questioning of self with honest answers will enhance your spiritual growth and ministry.

Here are 25 personal questions that will open a new vista for personal growth. The key is to be honest with self. This is between you and the Lord. You are the only one who can grow you.

1. What am I becoming?
2. What can I learn from this opportunity? Setback?
3. How can I communicate better?
4. How can I improve my ministry?
5. How can I add value to our team?
6. What skills do I need to develop? Why?
7. How does what I am doing make a difference?
8. What is next in my life? Ministry?
9. What do I need to do differently?
10. How can I improve what I am now doing?



11. How do I know if I am being understood?
12. How do I want to be remembered?
13. How can I help others grow in Christ?
14. What is hindering me from doing my best?
15. How can I go outside my comfort zone?
16. How can I make better use of my time?
17. What am I taking for granted?
18. How can I practice better what I preach?
19. What do I know that can help me reach my goal?
20. How am I doing with my family?
21. Do I need to change my mind about anything?
22. What do I see when I look at people?
23. How am I making the word clear?
24. How can I give more?
25. What would Jesus do?

Make asking and answering questions a daily practice. It is a must exercise in every area of life. Solomon said, “The purposes of a man’s heart are deep waters. But a man of understanding draws them out” (Proverbs 20:5). Dedicate yourself to being a minister who can draw the ideas, dreams and desires out of another by asking questions. Remember, too, that open ended questions—not yes or no—are best.

The **Jeremiah Institute** is dedicated to preparing resource materials to help Christians and ministers of the Gospel enhance their lives and ministry. Make this a regular stop on your personal; development quest.